

ReSET Your Inner Light

(Resonance Solutions for Evolutionary Transformation)
A Resonance Therapy® production

Join Linda and Julia Carole
for an energizing 3 day workshop
to learn how to connect to your inner guidance,
upgrade your self-care and support your inner growth.

Kihei, Maui

October 10,11,12th 2014

Cost \$500

Please preregister by October 7th.

In this 3 day workshop you will:

- Learn simple, yet powerful tools to improve your energetic and emotional health.
- Discover a light-filled way to access your inner guidance system using self muscle testing, so that you can have greater clarity, more confidence and an individualized approach to making daily decisions.
- Practice these tools using self muscle testing to find a personalized approach to your unique life goals and challenges.

Resonance Therapy® is a holistic, multi-dimensional approach to living that puts you powerfully in touch with your inner guidance so that you can pursue your highest good, transform your wounds into wellbeing and genuinely align with your authentic life path. Resonance Therapy® was created by Dr Sierra Levy ND, Lac whose global practice is based in Maui.

<http://resonancetherapy.info>

Day 1 9am-5pm

- What is Energy Healing and Resonance Therapy®?
- Self muscle testing
 - Introduction to muscle testing and how you can use it by yourself to access your inner wisdom
- Important keys in getting clear answers with muscle testing
- Making your subconscious your ally (Wholistic Subconscious Therapy)
 - Programming your subconscious to work for you

Day 2 9am-5pm

- Eden energy exercises
 - Tools for optimizing your energy flow
- Emotional Stress Release (ESR)
 - Supporting your brain flow and function when you feel challenged
- Emotional Freedom Technique (EFT)
 - Using acupuncture points to release your stress and instill your highest good
- Tapas Acupressure Technique (TAT)
 - A simple releasing technique to address origins of stress and clear places it may be stuck

Day 3 9am-5pm

- Reversals
 - Shift your energy towards your goals, instead of being stuck in reverse
- Chakras
 - Simple ways to work with our fundamental energy centers
- Protection
 - Keeping yourself clear of energy that does not serve your highest good

Julia Carole Morgan is a resonance healing practitioner who is passionate about bringing Resonance to a wider audience through experiential workshops and trainings around the world, where one can gain clarity, build confidence and access greater self love and freedom, in a light-filled community.

Linda Rayner M.D. is a holistic practitioner of Resonance therapy®, who loves to explore and alleviate the roots of an issue by focusing on the energetic causes of stress and illness. She is dedicated to helping clients to reconnect with their light-filled True Self, while revitalizing their physical, emotional, energetic and spiritual health.

www.lightshamanhealing.com

For more information and registration

Call: 808-419-6886

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www.facebook.com/resetyourinnerlight

For those traveling to Maui, we can make recommendations for accommodations.