

ZIA LIGHT ELIXIRS



The Zia collection of environmental earth elixirs was created in the fall of 2010 in New Mexico. Source material was collected all across the state at churches, burial grounds, pueblos, monuments and “Roswell”.

Zia is the Arabic word meaning splendor or light.

To the New Mexico pueblo Indians it means the sun. The symbol reflects the basic harmony of all things in the universe. The sacred number four relates to the four directions; the four seasons; the sunrise, noon, evening and night; childhood, youth, manhood and old age. The Zia believe that man has four sacred obligations: he must develop a strong body, a clear mind, a pure spirit and a devotion to the welfare of his people. The sun, with its life-giving and sustaining rays is a symbol of the best that humanity can aspire to.

Several key frequencies were instilled into these elixirs.

- Our Lady of Guadalupe is the Catholic icon of the Virgin Mary, the Patroness of the Americas and is also revered by Native Americans and the indigenous people of Mexico, as the Aztec goddess Tonantzin.
- The Loretto Chapel in Santa Fe contains the miraculous St Joseph’s Staircase, a remarkable and inexplicable feat of engineering that has no visible means of support, built by a mysterious carpenter who disappeared after the project was completed.

<p>HOPE (Our Lady of Guadalupe)</p> 	<p>Environmental elements plus celestite (angelic communication & divine bliss)</p>	<ol style="list-style-type: none"> 1. I am filled with hope. 2. Where there is despair, bring your hope.
<p>FAITH (Loretto chapel)</p> 	<p>Environmental elements plus</p> <ul style="list-style-type: none"> • peridot (courage to live your heart's desire), • pink tourmaline (nurturance) , • frankincense (purification and protection) • myrrh (blessing and healing) 	<ol style="list-style-type: none"> 1. "Where there is doubt, bring your faith". 2. With the integration of Love and Will I have the courage to act on my heart's desires. 3. My physical reality is in alignment with my inner truth. 4. I am open to receive. 5. I rise from numbness to passion. 6. I am cleansed and healed of old wounds.
<p>EXPANDED THINKING</p>	<p>Environmental elements plus</p> <ul style="list-style-type: none"> • Pecos valley diamonds (calms unsettled emotions, detached compassion) <p>Bringing through new information & ways of thinking</p>	<ol style="list-style-type: none"> 1. I open to novel way of thinking and new information. 2. My mind is at peace and I see myself with detached compassion. 3. I move out of negative thought patterns.
<p>EXPANDED UNDERSTANDING</p>	<p>Environmental elements</p> <p>Digging into the depths, deepening understanding of self, life, karma.</p>	<ol style="list-style-type: none"> 1. I am able to explore my depths and deepen my understanding of myself. 2. I allow myself to see past the veil that hides the truth.
<p>PREPARATION (Camel Rock)</p> 	<p>Environmental elements plus</p> <ul style="list-style-type: none"> • septarian (communication with Mother Earth, calm and grounding) • buffalo energy (wisdom, patience, gratitude, harmony with Mother Earth) • camel energy (survival and resourcefulness) <p>Preparing for coming changes, improving ability to live off the land</p>	<ol style="list-style-type: none"> 1. I am in harmony with Mother Earth. 2. I remain positive during harsh times and experiences. 3. I am prepared for coming changes. 4. I respect nature. 5. I am grateful for the Earth's abundance.
<p>COMMUNITY (Puye Cliffs)</p> 	<p>Environmental elements plus</p> <ul style="list-style-type: none"> • green apophyllite (abundance and universal love) • heulandites (receptiveness and compassion) <p>Peace, harmony & unity, living cooperatively, easing tensions (Lady Nada)</p>	<ol style="list-style-type: none"> 1. I am receptive to living in a cooperative community that respects Mother Earth. 2. My community is unified by compassion and peaceful living.