

KALEI MAUI LIGHT ELXIRS



MERIDIANS

Meridians are invisible energy channels - part of the body's subtle energy anatomy- that run through the physical body, and carry energy (chi) to every organ and system. In Traditional Chinese Medicine, needles (acupuncture) are applied to points on the meridians to release blockages and bring about healing. More recently, other methods have been used to balance and unblock their flow, like holding points (acupressure), tracing the meridian forwards or backwards (EEM) or tapping on points (EFT).

There are two single meridians along the center of the body and twelve paired meridians correspond to specific human organs.

<p>Bougainvillea trinity (Bougainvillea spectabilis)</p> 	<p>CENTRAL</p> <p>Integration of mind/body/spirit, 2nd(empathy)4th (love & compassion) & 6th (intuition) chakras</p>	<ol style="list-style-type: none"> 1. My intuition, empathy and compassion are all integrated. 2. This treatment is integrating now. 3. My chakras are fully integrated with my physical body. 4. I am energetically protected during and after energy healing.
<p>Yellow shrimp plant (Pachystachys lutea)</p> 	<p>GOVERNING</p> <p>Angelic support, integrity, the spine</p>	<ol style="list-style-type: none"> 1. I am supported by the angels at all times. 2. I work from a place of integrity. 3. My spine is strong and flexible. 4. I release the burdens that I have been carrying.
<p>Pink King Protea (Protea leucospermum)</p> 	<p>HEART</p> <p>Having strength of heart</p>	<ol style="list-style-type: none"> 1. I am filled with strength of heart. 2. My heart recovers with ease and grace. 3. My love carries me through. 4. I bridge our differences from my heart to yours.
<p>Orchid tree (Bauhinia blakeana)</p> 	<p>SMALL INTESTINE</p> <p>Absorbing the nourishment of a situation</p>	<ol style="list-style-type: none"> 1. I focus fully on a positive outcome. 2. I am optimistic in the face of challenges. 3. I am filled with positivity and light. 4. I step up to my challenges, and am nourished by their lessons.
<p>African tulip (Spathodea campanulata)</p> 	<p>CIRCULATION SEX</p> <p>Creativity and fertility of body, mind, spirit</p>	<ol style="list-style-type: none"> 1. My mind, body & spirit are abundant with creative energy. 2. Spirit provides ideas for my mind to manifest through my body. 3. My body is fertile with creativity. 4. I can create with my body, mind and spirit.
<p>Pink trumpet vine (Podranea ricasoliana)</p> 	<p>TRIPLE WARMER</p> <p>Allowing relaxation - letting go of blocks to relaxation</p>	<ol style="list-style-type: none"> 1. I allow myself to relax fully. 2. I release the stress and worry that keeps me from relaxing. 3. Peace flows through me. 4. My life supports me as I release my need to control.

<p>Rainbow plumeria (Plumeria actifolia)</p> 	<p>STOMACH</p> <p>Self nurture; expressing power in a loving way</p>	<ol style="list-style-type: none"> 1. I nurture myself in loving ways. 2. I recognize the importance of self nurture. 3. My power comes from a place of love. 4. I lovingly exert my power
<p>Celosia (Red Velvet - Terciopelo vojo)</p> 	<p>SPLEEN</p> <p>Loving thoughts, Decreasing self criticism & shame</p>	<ol style="list-style-type: none"> 1. I am filled with loving thoughts. 2. I speak to myself with words that are loving and supportive. 3. I release the habits of self-criticism and shame. 4. My thoughts are loving and nurturing.
<p>Pikake (Jasmine sambac)</p> 	<p>LARGE INTESTINE</p> <p>Gratitude, especially for lessons that seem challenging</p>	<ol style="list-style-type: none"> 1. I am grateful for all the lessons that the universe has sent me. 2. I am filled with gratitude. 3. I release that which no longer serves me. 4. I let go.
<p>White ginger bract</p> 	<p>LUNG</p> <p>Supports immunity for mind, body and spirit</p>	<ol style="list-style-type: none"> 1. My mind, body & spirit are immune to negative influences. 2. My immune system is fortified by love & positivity.
<p>Orange trumpet vine (Pyrostegia ignea)</p> 	<p>KIDNEY</p> <p>Facing your fears</p>	<ol style="list-style-type: none"> 1. I have the courage and support to achieve my desires. 2. I can move through my fear towards my goals. 3. I am supported and protected at every step.
<p>Coral tree (Erythrina crista - galli)</p> 	<p>BLADDER</p> <p>Resistance to criticism</p>	<ol style="list-style-type: none"> 1. What you think of me is none of my concern.
<p>Rainbow Shower tree (Cassia xnealiae)</p> 	<p>LIVER</p> <p>Healing anger with a shower of Divine love into all chakras</p>	<ol style="list-style-type: none"> 1. I am filled with Divine love. 2. I forgive and move forward in love.
<p>Jacaranda (Jacaranda mimosifolia)</p> 	<p>GALL BLADDER</p> <p>Soothing & redirecting the energy of frustration & anger</p>	<ol style="list-style-type: none"> 1. My frustration is transformed into useful energy.