

KALEI MAUI LIGHT ELXIRS



THE ENNEAGRAM

The Enneagram is a personality system, based on a 9 pointed symbol made up of 3 parts: a circle (representing oneness & unity); a triangle for the trinity and the Law of Three; and a hexad (the Law of Seven - nothing is static, everything changes).



Each point is related to a personality type, which corresponds to the Nine Passions (seven deadly sins plus 2) - anger, pride, deceit, envy, avarice, fear, gluttony, lust, sloth.

Each of the nine patterns of thinking, feeling and acting are based on a perceptual filter that determines how you direct your energy. Everyone develops one of the nine patterns to protect us from external threats as our personality is developing - with an underlying belief about what we needed for survival and satisfaction.

Knowing your enneagram personality type allows you to better understand yourself and the unconscious motivation that drives you. This understanding can bring positive changes and alter the way you relate to yourself and others.

<p>White ginger blossom (<i>Heydychium coronarium</i>)</p> 	<p>1. The Perfectionist / The Organizer</p> <p>Principled, idealistic, ethical conscientious</p> <p>Instinctive, compliant & competent</p>	<p>1. My best is good enough 2. I am perfect as I am. 3. I express my anger in healthy ways. 4. I am patient and tolerant. 5. It is OK to make mistakes 6. I am good.</p>
<p>Tahitian Gardenia (<i>Gardenia taitensis</i>)</p> 	<p>2. The Helper / The Pleaser</p> <p>Caring, empathic, warmhearted, self-sacrificing</p> <p>Feeling, compliant & positive</p>	<p>1. My needs are always important 2. I am wanted and worthy of love. 3. My love for myself and others is unconditional. 4. It is important to nurture myself.</p>
<p>White plumeria (<i>Plumeria rubra</i>)</p> 	<p>3. The Achiever / The Status Seeker</p> <p>Ambitious, competent, energetic, success-oriented</p> <p>Feeling, assertive & competent</p>	<p>1. I am valuable for who I am. 2. I allow myself to relax. 3. Everything gets done according to Universal Law.</p>

<p>White tuberose (from lei with mini rosebuds)</p> 	<p>4. The Individualist / The Melancholic</p> <p>Sensitive, romantic, introspective, daydreamer</p> <p>Feeling, withdrawn & reactive</p>	<ol style="list-style-type: none"> 1. I am connected to ALL. 2. I am cared for. 3. I accept my reality. 4. I no longer take things personally. 5. I am seen for who I am. 6. I am grateful for all my blessings.
<p>Thunbergia (T. grandiflora)</p> 	<p>5. The Investigator / The Thinker</p> <p>Curious, innovative, intense, cerebral</p> <p>Thinking, withdrawn & competent</p>	<ol style="list-style-type: none"> 1. There is a complete supply of knowledge. 2. It is safe to trust people 4. I am competent and capable.
<p>White oleander (Nerium oleander)</p> 	<p>6. The Loyalist / The Guardian</p> <p>Responsible, hardworking, committed, security oriented</p> <p>Thinking, withdrawn & reactive</p>	<ol style="list-style-type: none"> 1. I have faith in myself, in others and the Universe. 2. I can trust myself. 3. I am confident in myself. 4. I am safe and supported.
<p>Mini rosebuds</p> 	<p>7. The Adventurer / The Enthusiast</p> <p>Spontaneous, optimistic, playful, busy, multi-tasker</p> <p>Thinking, assertive & positive</p>	<ol style="list-style-type: none"> 1. I embrace my feelings 2. I can slow down and look within. 3. I can depend on others.
<p>White bougainvillea</p> 	<p>8. Asserter / The Challenger</p> <p>Powerful, confident, assertive, protective, decisive</p> <p>Instinctive, assertive & reactive</p>	<ol style="list-style-type: none"> 1. It is safe to be vulnerable 2. I respect and appreciate others. 3. I am protected. 4. I am strong & capable.
<p>White hibiscus</p> 	<p>9. The Peacemaker / The Healer</p> <p>Easy going, self-effacing, trusting, accepting, stable, kind-hearted</p> <p>Instinctive, withdrawn & positive</p>	<ol style="list-style-type: none"> 1. I can make a difference. 2. I know what I want 3. It is OK to assert myself. 4. I am at peace.