

KALEI MAUI LIGHT ELXIRS



THE AURA

The human aura is the three dimensional, multi-layered energy field that surrounds the physical body in all directions. It is typically egg-shaped and extends about 8-10 ft around the body. There is varied information on the number of layers that make up the aura.

These essences work with four layers:

- the *etheric body*, which is the energetic double of the physical body;
- the *emotional body*, with our emotions and feelings;
- the *mental body*, with our thought forms and beliefs;
- the *soul body* or our Higher Self.

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| <p>Pele's passion</p>  | <p>Etheric body Burns away energetic debris that is closest to the physical body, allowing a renewed passion for life</p> | <p>1. I am filled with passion for life. 2. Energetic debris is burned away from my etheric layer.</p> |
| <p>Ocean</p>  | <p>Emotional body Emotional cleansing - salty tears catharsis (sea water), strength of mind (coral), flexibility (seaweed), grit/determination (sand)</p> | <p>1. My emotional body is strong, flexible and determined to heal.</p> |
| <p>Waterfall</p>  | <p>Mental body Like a waterfall washing over the mental body - cleansing non-beneficial thought forms.</p> | <p>1. My mental body is cleansed and clear. 2. I release all harmful and destructive thought forms.</p> |
| <p>Air</p>  | <p>Soul body Just BE</p> | <p>1. It is OK to just BE. 2. I am calm, relaxed, serene and focused.</p> |