

KALEI BERMUDA LIGHT ELXIRS



AUXILLARY ENERGY SYSTEMS

This subset helps to support some of the less commonly known energy systems.

<p>Orange hibiscus</p> 	<p>Auxiliary root chakras</p> <p>Accessory chakras at each inguinal crease that assist with grounding</p>	<ol style="list-style-type: none"> 1. I am grounded in my feminine nature. 2. I am grounded in my masculine nature. 3. I release the trauma that has been disrupting my ability to ground my energy.
<p>Tunera</p> 	<p>Hara or Lower Dantian</p> <p>Seat of internal energy; physical center of gravity</p>	<ol style="list-style-type: none"> 1. I am centered in my vital energy. 2. My mind is pure & tranquil. 3. I release all suffering. 4. I am energized.
<p>Double dark pink oleander</p> 	<p>Chin chakra</p> <p>Shame, humiliation</p>	<ol style="list-style-type: none"> 1. I release the effects of shame in my life. 2. I transform humiliation into dignity & self-respect.
<p>Double pale pink hibiscus</p> 	<p>Indu or middle forehead chakra (between the 3rd eye & crown)</p> <p>Also called the Chandra or The Buddhi center, this chakra is the seat of intellect and higher mind. It is associated with the hypothalamus and helps to balance the hormone system. It provides access to the super-conscious and the Akashic records.</p>	<ol style="list-style-type: none"> 1. I am united with the Universal mind. 2. I am guided by my higher self.
<p>Apricot Lucky Nut</p> 	<p>Spiral/Tibetan energy</p> <p>Spiral shaped energy above head Quiets overwrought state, Sedates or increases life energy</p>	<ol style="list-style-type: none"> 1. I am on a spiral path of awareness. 2. I am clearing blockages on the spiral path to learn new things with less stress
<p>Double Yellow Hibiscus</p> 	<p>Health Rays</p> <p>Rays of energy that project out from the body, thought to expel toxins, wastes, germs and diseased energy.</p>	<ol style="list-style-type: none"> 1. My health rays are strong and orderly.
<p>Double Red Hibiscus</p> 	<p>Tantra</p> <p>The state of feeling that there is no other person that is not ourselves – we feel like a whole and complete person-without the compulsory idea that we need another person to make us feel complete.</p>	<ol style="list-style-type: none"> 1. I am whole and complete. 2. I freely express my loving emotional feelings. 3. I surrender to the oneness with my Creator.